MENLO PARK RECORDER

A PAPER DEVOTED TO THE BEST INTERESTS OF MENLO PARK AND SAN MATEO COUNTY

VOLUME 11 — MENLO PARK, SAN MATEO COUNTY, CALIFORNIA, FRIDAY, FEBRUARY 9, 1934 — No. 17

EDITORIAL

THE COMING CITY ELECTION

We have been asked many times who is going to run as candidates for the city council at the coming election in April.

The questions run something like these:

Who is going to be the candidate?

How are the candidates going to be selected?

When will the announce themselves?

We are as much in the dark as everyone else on the subject, but have a few suggestions to make.

To the mind of the writer, the first thing to do is to select some good men for the jobs. Men who have the time to devote to the work, who have the city's welfare at heart and who will see to it that the affairs of the city are properly administered.

We have been told that the three men who are now acting on the city council, and whose terms expire in April, namely Councilmen Crane, Dale and Anderson, do not intend to make the race this year.

We suggest that a good method of selecting the candidate would be to call a public mass meeting and let the PUBLIC do the selecting. This would do away with the hand-picking of candidates who would represent some individual group of citizens, and would likewise do away with the usual hard feelings that occur over elections.

A meeting could be held in the auditorium of the Central school, where prospective candidates could be invited to give their views on the management of the city's affairs, and thus enlighten the minds of the voters as to what they wanted to do. The candidates could be nominated and elected at the proper time.

The Recorder is in favor of this plan, rather than those followed at previous elections. In this time of depression and caos the solider the front presented by the city's officers the better off the city will be in the long run, and that means that every resident and voter will be better off.

By all means let us have a public mass meeting and talk things over before selecting our candidates.

The columns of the Menlo Park Recorder are open to anyone who wishes to discuss this subject.

DEATH ON THE RADIATOR

About one out of every ten of the autobomiles that use the public streets and highways, should wear as an emblem a large, staring death's head.

It wouldn't be a prety sight. But it would be an accurate symbol. Ten per cent of motorists are responsible for our gigantic death and injury toll. Not al of them, of course, have an accident every year. But they all take chances. They are irresponsible or incompetent or congenitally careless. They drive cars with defective breaks and steering mechanisms and poor lights. They cut in and out of traffic, missing oncoming cars by an eyelash and feeling a thrill of achievement while doing it. They pass on hills and curves, and regard event the most basic and sensible traffic laws as being inimical obsetcles which should be avoided whenever possible. They drive at high speeds when road and traffic conditions make it exceedingly dangerous.

And—every year—they leave behind them 30,000 corpses and hundreds of thousands of injured persons whose sole offense was that they happened to be present when the reckless driver was taking one of the chances he didn't get away with.

Yes, there should be the emblem of death on a long line of automobiles which otherwise look no diferent than any other cars of their kind. This suggestion may make some of the reckless drivers think twice before running a risk next time.

RENTAL FLASHER: Studio cottage, furnished, $25 per month; Stanford Park. Menlo Park Realty Co., 1055 Doyle street. Phone Menlo Park 21832.

Telephone To Java ---New Link Added

Another spoke, the longest in the Bell System's wheel of transpacific radiotelephone circuits, was added last Thursday (February 1), when westward telephone service was opened to Java and Sumatra, the famed islands of the East Indies, lying between India and Australia.

The Java spoke is 8700 miles long and saves the wheel a "detour" of 5800 miles, in shortening the previous voice route, which covered 14,500 miles via San Francisco, New York, London and Amsterdam to Bandoeng, Java, according to A. G. Ring, manager of The Pacific Telephone and Telegraph Co.

With San Francisco as its hub, the wheel of transpacific radiotelephone circuits also includes a spoke to Hawaii, set up in 1931, and a 7000-mile Philippins Island spoke, installed last March. The service across the Pacific is operated by Transpacific Communication Co., Ltd., a part of the Bell System.

The East Indies radiotelephone stations are operated by the Netherlands Indies Telephone Administration. Java, the most densely populated land in the world, and Sumatra are island possessions of The Netherlands.

The Malina and East Indies circuits are the world's two commercial radiotelephone channels regularly crossing the international date line. Thus words spoken here today in a telephone conversation to Java or the Philippines would reach there tomorrow, although the long trip would actually be made in one-fifth of a second.

Sequoia Hi School Notes of Interest

At the present time there is a total number of 53 students of Sequoia Union high school belonging to the Scholarship society according to Miss Mary Cowden, advisor, while 135 students made the honor roll, this number being half again as large as that of last year.

Of those in the Scholarship society, the seniors head the list with 25, sophomores come next with 11, juniors have 9, and freshmen have 8.

To be qualified for the honor roll one must have no grade below a B. Six students had straight A's, while ten had four or more A's.

The seniors again lead the school by placing 45 members on the roll. The juniors followed with 31, the sophomores 28, and the freshmen 29.

* * * *

As their next public production the Sequoia Players will present "Gods of the Mountain," by Lord Dunsany, Irish playwright, March second. Although tryouts were held yesterday, no characters have as yet been selected.

Seven gods hewn out of stone on the mountain side and seven beggars who impersonate them are the characters.

"This fantasy provides an unusual opportunity for colorful scenery and costumes," states Mr. Claude van Patten, drama director at Sequoia Union high school.

A large number of pupils and citizens will be able to attend because of low prices, which will be announced later.

* * * *

All parents and friends of Sequoians were invited to attend the meeting to be held at Sequoia Union high school this afternoon for the purpose of organizing a Parent Teacher Association. Officers will be elected and plans for the future will be discussed.

Mrs. J. J. Garland, president of the seventeenth district of the California Congress of Parents and Teachers, with the consent of the school, appointed a group representing each of the elementary school districts which send students to Sequoia.

The most important value of such an association is to develop a closer relationship between the school and the home.

In addition to this the association will be able to assist the school by taking over all supplementary activities.

Excellent support has been received from the community by Sequoia. This organization, it is believed, will tend to continue the support and make it a more intelligent one.

The Congress of Parents and Teachers, both state and county organizations through their representative, Mrs. Garland, have been of great assistance in forming the unit.

County Health Officer Gives Weekly Report

(Note: This is a weekly report from the San Mateo County Department of Public Health and Welfare, giving facts of importance for health protection, and a list of all contagious diseases reported to the County Health Officer in the previous week as required by law.)

CHILD KILLERS

Here is a list of the nine diseases whic hkilled a total of 7409 California children under 15 years of age in the years 1928-32, according to the latest figures available. Tuberculosis killed 2500; influenza 1163; whooping cough 1134; diphtheria 904; measles 485; meningitis 407; venereal diseases 348; dysentery 236; scarlet fever 232; other epidemic diseases 851.

Tuberculosis is the most fatal for children of all ages, except that it is outranked by whooping cough and influenza in killing children under 1 year of age. Tuberculosis, diphtheria, scarlet fever and meningitis increase in deadliness to children as age increases, while it is just the reverse with influenza, whooping cough, venereal diseases, and dysentery. Measles is a relatively constant menace to those who have not had it, but since most cases occur in the age group 1-4, most deaths occur at that age.

Next week we will tell why tuberculosis kills so many of our precious children, and what we can do to prevent it.

MORBIDITY REPORTS

San Mateo County, week ending February 3, 1934.

Incorporated Cities

Atherton, no report received.
Belmont, no new cases.
Burlingame:
Lobar pneumonia 1; tuberculosis (lungs), 1; chicken pox, 1.
Daly City, no report received.
Colma, no new cases.
Hillsborough, no report received.
Menlo Park, no new cases.
Redwood City, tuberculosis, 1.
San Bruno, tuberculosis, 1.
San Carlos, no report received.
San Mateo, Gonorrhea, 1.
South San Francisco, syphilis, 1; chicken pox, 1.

Unincorporated Area

Lomita Park; scarlet fever, 1

IRON HORSE TO PROFER RIDES TO FAMILY BUS

Although it is the railroad's chief competitor in the passenger ousiness, the family automobile is not to be disregarded by rail lines in the granting of travel benefits.

And so it follows that hereafter motor cars will be spared long pulls over mountains and waste lands if they can talk their owners into buying railroad tickets for them.

Transportation for an auto in expedited railroad freight service may now be obtained by purchasing for the machine one passenger ticket at approvimately 3.6 cents a mile, according to announcement by the Southern Pacific Company.

Such shipments will not be handled on this basis for short hauls, it was stated, but otherwise the only condition is that two or more persons buy first class tickets in connection with the automobile shipment.

Motor cars desirous of riding over the rough spots might call attention to the saving in gasoline, oil and tires, not to mention wear and tear on the faithful bus, it was pointed out.

Boy Scouts Gather To Hear President's 'Good Turn' Address

Palo Alto Boy Scouts in conjunction with the Santa Clara County Council are planning special activities in observance of the nation-wide Boy Scout twenty-fourth anniversary week, February 8 to 14.

Nine Troops, comprising over 200 Scouts as well as Scouters and friends of scouting, will gather at the Varsity Theater at 9 o'clock tomorrow morning to hear President Roosevelt's special message to the Boy Scouts of America. Following the president's address, instructions covering a special "good turn" which members of the organization throughout the country are to perform will be announced either by Chief Scout Executive James E. West or by the Honorable Harry L. Hopkins, federal emergency relief administrator, over the nation-wide radio facilities.

Boy Scouts of the Palo Alto area have been instructed to meet at the Community House at 8:15 tomorrow morning with their troop leaders to organize a parade down University avenue to the Varsity Theater. Hartman Brothers, Westinghouse dealers of Palo Alto, have offered to install a radio and public address system in the theater for the broadcast. The theater management has made its facilities available for the occasion.

Special services have been arranged at the Stanford Memorial Church for Sunday morning in observance of the anniversary week at which Dr. Lynn Townsend White, professor of Christian sociology of the San Francisco Theological Seminary at San Anselmo, will speak. George H. Whisler, chairman of the Palo Alto Boy Scout committee, will read the scripture. Boy scouts in uniform will assemble out side the church and attend the services in a group.

Sequoia Hi School P. T. A. Organized

The fortieth unit of the Seventeenth District California Congress of Parents and Teachers was organized today at an enthusiastic meeting in the Sequoia Union High School at Redwood City. Principal A. C. Argo opened the meeting and welcomed the parents of the children of the Sequoia Union high school district. Otis Carrington, director of music of the school, led the group in community singing.

Organization was effected under Mrs. R. L. Holder of San Bruno, vice president in charge of extension, and Mrs. J. R. Spann of Burlingame, chairman of secondary schools. Several other district officers were present.

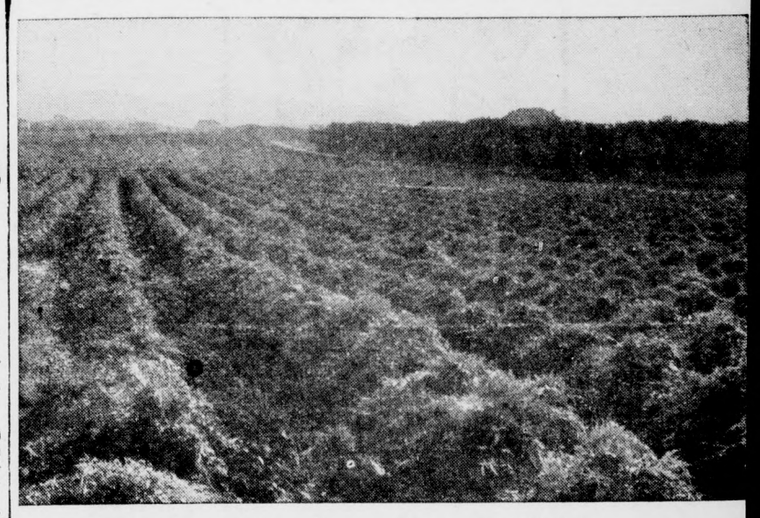
Mrs. Ralph Birk, president of the Burlingame High school unit, presented the program plan of that unit for the current year. Music was provided by members of the Sequoia Union high school.

JAMES G. MASON CELEBRATES HIS 79th BIRTHDAY HERE

James G. Mason, one of this city's pioneer residents celebrated his 79th birthday last Saturday. With his two daughters, Elizabeth and Mary, he spent a part of the day at the Saratoga home of his niece, Mrs. Ida M. Owen. After dinner he returned to his home in this city, where many of his old friends called on him to offer their congratulations and to talk over old times.

Mr. Mason was a telegrapher in Menlo Park in 1891, and it was he who told the world of the laying of the corner stone of Stanford University, and of many other events that occurred here.

A wide circle of frends join with the Menlo Park Recorder in wishing Mr. Mason many happy returns of the day.



COASTSIDE ARITCHOKE FIELDS

To travelers from afar, these grotesque globes among the ragged silvery green leaves of row on row of artichoke plants along the coastside of San Mateo County, are unique and unusual.

And they may feast their eyes on three thousand acres of this thistle-like plant, which produces a table delicacy of increasing popularity, for here is the best known artichoke center of the whole country.

Originally a native of southern Europe and northern Africa (not to be confused with the tuberous artichoke of Jerusalem) was cultivated for food by the Greeks and Romans as long ago as two thousand year. Halfmoon Bay is in the midst of the artichoke fields.

Driving Rules For Motorists Given

Failure to yield the right of way as required by law is one of the most frequent causes of traffic accidents, particularly in cities, according to the Public Safety Department of the California State Automobile Association. In a statement issued by the motorists organization the right of way rules are summarized as follows:

When crossing streets, right of way must be yielded to any car already in the intersection. The driver on the right has the right of way only when two cars enter an intersection at the same time.

When making left turns, the driver must give a hand signal continuously for the last firty feet before turning. If approaching cars are far enough away to avoid danger of collision, the driver may then turn and have the legal right of way. If approaching cars are too close, however, he must yield the right of way to oncoming vehicles. Having so yielded he may then proceed to turn and subsequent approaching traffic must yield to him.

When entering an arterial or through highway the driver must first stop, then proceed, as in the case of the left turn, only when approaching cars are far enough away to avoid danger of collision. But after having yielded to immediately approaching traffic, the entering driver has the right of way. Cars in any intersection have the right of way over approaching cas.

Drivers entering public highways from private roads or driveways have no right of way, but must wait until they can poceed safely.

Drivers must pull over to the right as far as possible and stop upon hearing the siren of a police car, ambulance, or fire apparatus. Right of way is yielded to emergency vehicles until safely past traffic.

Excepting at pedestrian tunnels or overhead crossings, motorists must yield the right of way to pedestrians crossing any roadway within any marked crosswalk or unmarked crosswalk at the end of a block. Although "jaywalkers" do not have the right of way, motorists must exercise caution for their safety.

MENLO PARK WOMAN FILES SUIT FOR DIVORCE

Charging cruelty, Mrs. Abbey Pelton Wednesday filed suit in the superior court at Redwood City for a divorce from Roy E. Pelton of this city. They were married in Salinas in 1930. Mrs. Pelton requests $40 a month alimony. Her attorney is Frank L Crist of Palo Alto.

Word has been received of the birth of a son, John Roger, to Mr. and Mrs. H. J. E. Van Oosten of Boston. Mrs. Van Oosten was Miss Edna Lapham, daughter of the Roger Laphams of this city.

Democrats Will Hold Luncheo

A meeting of unusualy intere to all Democratic men and wome of Northern California will be th monthly luncheon, to be held o Saturday, February 10th at th Benjamin Franklin Hotel, San M teo at 12:30 p. m. by the Eight Congressional District Democrat Committee, with Dr. J. M. O'Do nel of Hollister, chairman of th organization presidiing. Capta Edward MacCauley, recently a pointed head of the California W. A. will be the guest of hon and Prof. Theodore J. Kreps, of t School of Business, Stanford Un versity, the principal speaker. H subject will be "What the Deval ation of the Dollar Means to t Average Income."

Joseph P. Quinlan, mayor South San Francisco, chairman the San Mateo Democratic Coun Central Committee is representi the Organization in making a rangements for the entertainme of the visitors from the five cou ties, San Francisco, East Bay a other congressional districts. He being assisted by Claude J. Hirsc ey of San Mateo who has char of reservations.

Delegations from the four ou side counties of the eighth distr are planning to attend, headed Dr. J. M. O'Donnell of San Ben County:: and Philip Sheehy Santa Clara County. John M. Bu nett of San Jose is executive s retary and Charles H. Spinks Los Altos, radio chairman.

TRINITY CHURCH

416 Oak Grove Ave., Menlo Par

Quinquagesima Sunday.
Early Celebration, 8:00 a. m.
Morning Prayer and Serm 10:30 a. m.
The Church School, 10:30 a. m
Meets in the Parish House, 1 Laurel avenue. Bring the child to Sunday School while you att Church. A cordial welcome to al

Patricia Lodge, Daughters of George will give a card party the Masonic Hall, Palo Alto Friday, February 16, at 8:30 p. Many fine prizes have been sembled for the occasion, and good time is in store for all may attend.

Boost your home town!!!!

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MENLO PARK RECORDER

HARRIS & HARRIS, PUBLISHERS

L. E. HARRIS ..... EDITOR

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DID YOU EVER STOP TO THINK

THAT the civic spirit of a city is he sum total of the spirit of its itizens?

A citizen is a part of a city and is up to each one of them to dis-lay their own civic patriotism in heir own individual lives.

The future growth of a city de-ends entirely upon the part its itizens take in its every day life.

To assure better business (and it by better business that a city rows) a high spirit of loyalty to ome city must be developed and aintained.

As civic patriotism is the corner-one of loyalty, co-operation among he citizens for the benefit of all must be had. Cities grow in direct proportion to the way its citizens work together.

All citizens should support the city that supports them.

A great need in many cities is for a lot of grouches and tight-wads to come alive and try to be good neighbors and good citizens. If they would get together and boost to-gether they could do wonders.

If the business men of some cities would spend as much time fighting for business as they do fighting among themselves, each in-dividual business would be in bet-ter shape, as well as that of the entire city.

Truman Robert Letts former edi-r of the Menlo School paper, "El oble Blanco," has been elected to e post of editor of the Stanford aily. Letts was a popular student hile at the local school, and was ell liked by all who know him. His lends wish him success.

The Boy Scouts will assemble early tomorrow morning to hear the president's message and learn who the national "good turn" that is required of them will be. The lo-cal troop promises to live up to that requirement in every particular and will assist in putting Menlo in front.

Now It's Unanimous!



BORZAGE TRIUMPH IN "MAN'S CASTLE"

Out of the equalor and tawdry-ness of a shantytown director Frank Borzage has woven a love story that is certainly the great-est achievement in a career that embraces many, many screen tri-umphs. The picture, "Man's Castle" already hailed as the "Seventh Heaven" of taking pictures, is com-ing to the New Menlo Theater on Sunday for a three day run.

"Man's Castle" is the story of a man who couldn't hear train whist-les without wanting to hop a freight —and of a girl who loved him so strongly she told him he was free to go. Spencer Tracy as the boy and Loretta Young as the girl have never been cast in roles so perfectly suted to their individual talents. They perform admirably and contribute the finest portrayals of their respective careers. As fo Borzage's direction, it suffices to say that he surpasses in poignancy, sincerity and beauty his direction of 'Sev-enth Heaven", "Bad Girl" and "Farewell to Arms."

The supporting cast is superb down to the smallest bit player. It includes Marjorie Rambeau, Walter Connolly, Glenda Farrell, Arthur Hohl and Dickie Moore. Jo Swer-ling adapted the story to screen form from Lawrence Hazard's orig-inal story and turned in an excel-lent script.

Next Thursday evening as an add-ded attraction a vaudeville show made up of numbers prayed by Emilio Federghi and his well train-ed accordianists will be on the stage at the New Menlo Theater.

The manageement of this play-house is doing all that is possible to made it one of the city' chief attractions, and the pictures shown and far above the average seen in smaller cities. In fact the same pictures being shown at this the-ater are being shown in San Jose and San Francisco at practically the same time.

An election will be held soon to filled the places of two members of the Sanitary Board. John Glunz and L. H. Cook are the present members whose terms expire. Is is not known as yet who the candi-dates will be.

TEACHERS MUST REGISTER IN SAN FRANCISCO FOR EMERGENCY EMPLOYMENT

According to instructions from Mr. L. B. Travers, Chief of the Di-vision of Adult and Continuation Education, the San Francisco head-quarters of the Emergency Educa-tional Program is to function as a regional office and is therefore to register needy unemployed teach-ers in San Mateo county for work under the program, according to a communication received this week by Miss Pansy Jewett Abbott, Coun-ty Superintendent of Schools.

The communication adds, "Please urge such applicants to register with us immediately. Our office is open for registration between 9 a. m. and 12 m. daily. It is prefer-able that applicants come in person to register."

San Mateo county has been al-lotted $44,460.17 of the state gaso-line tax apportionment for the per-iod of October 1 to December 31. The county's share of the bus and truck tax for July 1 to December 31 is $2,715.07. The 1933 apportion-ments amounted to $35,118,894.95 as compared to $36,239.918.86 in 1932.

Mr and Mrs. L. E. Harris were not able to go to Santa Barbara as they expected today on account of the serious illness of Mrs. Harris' mother, in San Jose.

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MENLO PARK WOMAN'S CLUB HOLDS ENJOYABLE SESSION

The Menlo Park Woman's Club met at the home of Mrs. Marion Silva in Almendral avenut, Ather-ton last Monday and held a most instructive and enjoyable session.

Mrs. Silva served a dainty noon luncheon for the members and guests, which was followed by the business meeting.

Miss Clara Dills, San Mateo County librarian addressed the members on Oriental Books, speak-ing particularly of Mrs. Pearl Buck's book, "The Good Earth" and others.

Mrs. W. H. Root, publicity chair-man and Mrs. E. L. Kilburne, presi-dent of San Mateo County Federa-tion, were also guest speakers.

Mrs. John T. Aabel, president of the Menlo Park Club, presided.

The Menlo Park Woman's Club is enjoying a season of prosperity at th's time that speaks well for its future growth.

Several members of the Redwood City chapter, O. E. S. attended an initiation at the San Jose Chapter, No. 31, Tuesday night in San Jose. Those attending were Mrs. Jay T Cooper, worthy matron; Mrs. A. J. Weiss, past worthy matron and present marshal; Mrs. Robert E. Hammond, associate matron; Mrs. F. C. Jaeger and Mrs. F. M. Perkins.

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SALMON FOR CHILDREN

HERE'S a letter from a mother who had the courage to do some pioneering in feeding her child.

"I've read very little," she wrote, "on the use of salmon for little folks, but I suppose quite a bit of research has been done along that line. My little son, now over two years of age, the picture of health, has had salmon since shortly before he was two years old. Eggs could not be used in his diet because they did not agree with him, but some pro-tein and minerals he must have, so I started first with the broth from the can of salmon, then added the salmon later.

"Coaxing children to eat spinach seems to be a universal problem. If the spinach is mixed with an equal amount of salmon and a little broth added, it all disap-pears like magic."

She Was Right

That this mother was right in concluding that her boy would get good protein from the salmon is proved by the following table of comparative food values:

	Percent of Protein
Pink Salmon	21.40
Coho Salmon	21.08
Sockeye Salmon	20.80
Chinook Salmon	17.67
Sirloin Steak	16.30
Sugar Cured Ham	14.20
Macaroni	13.40
Eggs	13.10
Spring Chicken	12.00
Rice	8.00
Baked Beans (canned)	6.90
Potatoes	1.80

Salmon also has a high mineral content according to Henry C. Sherman, Ph.D., Sc.D., in his book "Chemistry of Food and Nutri-tion," so the mother was right in this again. We would not recom-mend, however, feeding salmon or any other food to very young chil-dren without first consulting your doctor. There is nothing more important than your children's diet, and you should check on it in every way you can.

Salmon for Grown-Ups

There never has been any doubt, however, that salmon is a good food for grown-ups. So here are some recipes for its use which you can serve to them, and to the children, too, if the doctor says so.

Sautéd Salmon with Deviled Egg Sauce: Remove the salmon steaks very carefully from four 3¼-ounce cans, and lay in a hot skillet with a little butter. Sauté gently on both sides, turning with a wide spatula to avoid breaking. Serve with this sauce: Melt one tablespoon butter, add one table-spoon flour and stir smooth. Add three-fourths cup hot water slowly, and cook until thick, stir-ring all the time. Add one table-spoon lemon juice, one-fourth tea-spoon mustard, salt, pepper and paprika. Mash the yolk of one hard-cooked egg and stir into the sauce. Add finely-chopped egg whites. This serves four. One can of salmon steak serves one.

A Salad and a Soup

Metropolitan Salmon Salad: Chill the contents of a 7-ounce can of salmon for salad in the can, open and transfer to a small bowl lined with lettuce, being careful not to break up the meat. Mix one-fourth cup mayonnaise with one tablespoon thick sweet or sour cream, one teaspoon vine-gar, one tablespoon chopped cel-ery, one tablespoon chopped pimi-ento, one teaspoon capers and one teaspoon India relish or chopped sweet pickle, and spread over the salmon. Serves two to three.

Salmon and Tomato Bisque: Turn the fish and liquor from a 1-pound can of salmon into a stew pan and add the contents of a 15-ounce can tomatoes, one bay leaf, one sliced onion, one-fourth teaspoon peppercorns and one cup water, and stew gently for about fifteen minutes. Press through a coarse sieve. Reheat and add a pinch of soda, and pour slowly into a white sauce made of four tablespoons butter, four table-spoons flour and two and one-half cups milk. Season to taste with salt and pepper. Serves six.

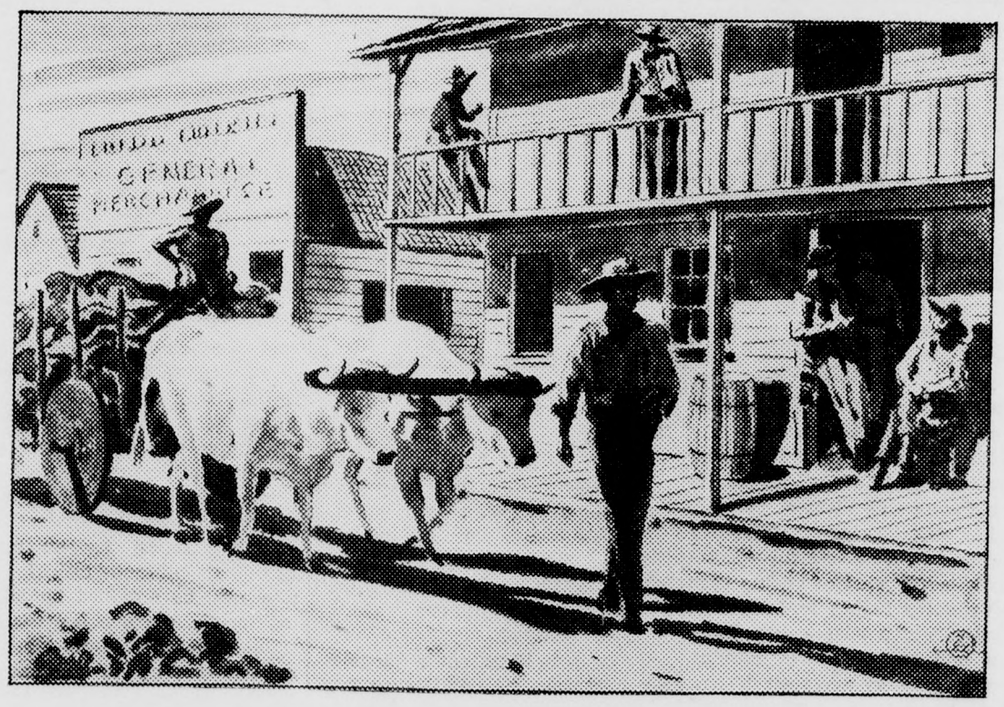
A Succulent Soufflé

Salmon Soufflé: Turn the strained cereal from a 10½-ounce can into a double boiler and heat then add the flaked salmon from a 1-pound can and three table spoons butter. Add the well beaten yolks of three eggs, and salt to taste. Fold in the stiffly-beaten egg whites, and pour into a buttered baking dish. Bake in a moderate oven—350 degrees—for from thirty to thirty-five minutes. Serve at once. Serves eight.*

1854 AMERICAN TRUST COMPANY 1934

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LEATHER MONEY IN OLD CALIFORNIA...

YEARS after California became part of the United States, many of the Spanish rancheros continued to use their old medium of exchange... hides.

These were accepted by the country merchants as the equivalent of about one dollar each. And as the rancheros bought velvets and silks as well as gro-ceries, it was not uncommon for a thou-sand head of cattle to be slaughtered to pay a store bill.

In 1854, when this bank was founded, "leather money" was still used. Today California pays by check. And over a wide area this businesslike practice is made doubly convenient by the Ameri-can Trust Company's modern branch facilities.

There is a branch of this 80-year old bank near you. Visit it today, and learn the advantages of having metropolitan banking service within your easy reach.

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Breads For Frosty Days

YOU need good filling breads for breakfast these brisk mornings, and also fruit in several forms. Fortunately there are delicious ways to combine them. Here are some recipes which will prove it:

Wholewheat Fruit Bread: Sift together two and a half cups wholewheat flour, four teaspoons baking powder, one teaspoon salt and four tablespoons sugar, and add one well-beaten egg. Add one tablespoon butter, one cup milk and one cup well drained crushed Hawaiian pineapple. Bake in a loaf pan in a slow oven, 350 degrees, for from forty-five to fifty minutes.

Pineapple Half Moons: Cook together until thick the contents of an 8-ounce can of crushed Hawaiian pineapple, one-third cup sugar and a few grains of salt, then cool slightly. Sift together two cups flour, four teaspoons baking powder, one teaspoon salt and one tablespoon sugar, and cut in one-third cup shortening. Add three-fourths cup milk, roll out quite thin and cut in rounds. Put a teaspoonful of the pineapple on each round, fold over and pinch the edges together. Bake in a hot oven, 425 degrees, for twelve minutes. This makes sixteen.

This Is a Honey

Pineapple and Honey Bran Muffins: Sift together one cup flour, four teaspoons baking powder and three-fourths teaspoon salt, and add one and one-quarter cups of bran. Add two well-beaten eggs, one-fourth cup honey, three-fourths cup milk and one tablespoon melted butter. Add one-half cup crushed Hawaiian pineapple after draining the syrup off thoroughly. Bake in muffin tins, 375 degrees, for twenty minutes. This makes twelve muffins.*

POWER LINE POLE IS SMASHED BY AUTOMOBILE

When the front wheel brakes locked the big sedan driven by May E. Milne of Salinas crashed into and nearly broke in two a Pacific Gas and Elevtric Company power pole on the highway in Atherton on Monday last.

She was not hurt but the car was damaged. The machine was registered to L. M. Tacy of Salinas.

Double Check Chats

Little Clarice, age 10, had just gone through the pockets of her daddy's trousers, but couldn't find any change. "Well, Daddy," she said, "you might just as well leave your pants at home when you go shopping."

Mr .and Mrs. DeWeiss.

Send or bring in your favorite joke. Five gallons of gasoline will be paid to the reader who has his joke accepted for publication in this column.

You will find a high grade gasoline especially suited to your own motor at our station. Beacon, Mohawk and Super Save-Way each have a wide reputation for quality, and are selling at 1c below standard market prices to meet all competition.

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MENLO PARK P. T. A. POSTPONES MEETING TO FEB. 15

To avoid conflict with the organization meeting of the Sequoia Union High School Parent Teacher Association, the Menlo Park P. T. A. has postponed its meeting which was to have been held today to February 15 at 2:30 p. m.

The Home Section will meet on Tuesday, February 20, at the home of Mrs. Baron, 319 Ramona street, Palo Alto.

Mothers of high school pupils in this city are invited to attend the organization session at the high school.

The local Parent Teacher Association will hold a dance this evening in the school auditorium. Admission will be 25 cents, those who hold student body cards will be admitted for 15 cents.

A whist party will be given by the C. Y. O. on Tuesday evening, February 13 in the Central Grammar School auditorium and score cards will be 25 cents. There will be a cash door prize, several other cash prizes and a number of other prizes.

Friendly Indians Start Baseball Season

Boys who are members of the Friendly Indian Tribes of this area started off their inter-tribe baseball league this past week with two games being played.

On Thursday the Yakima Friendly Indian of Las Lomitas school visited the Pawnee Friendly Indians of the Stanford Campus school and defeated them by a score of 8to 4.

On Friday the Hopi Friendly Indians of San Carlos played the Nez Perce Friendly Indians of Ravenswood, defeating the latter by a score of 9 to 7.

This league which is promoted by the Young Men's Christian Association uses the nine inch soft ball and short bases with regulation baseball rules.

Roy A. Hohberger, the local Y. M. C. A. Secretary, officiated at both games.

YOUTHS CONFESS TO BURGLARY IN THIS CITY

Two Palo Alto brothers who are on probation from the Whittier state reform school were revealed Monday as the confessed burglars of Joseph Duncan's service station on the highway at Harvard avenue

They were identified from fingerprints taken from broken glass at the service station by Chief of Police Thomas J. Keanery and Deputy Sheriff John Simpkin. Their confession followed.

The service station was broken into through a window and $7, in change was taken.

The brothers were arrested late last week in Palo Alto folowing a series of thefts and burglaries, many of which they have admitted. They are being held in the Palo Alto jail pending action by the Santa Clara county probation officer.

MENLO PARK PRESBYTERIAN CHURCH SCHEDULE FOR WEEK

The Senior Christian Endeavor Society is having a "Valentine Social" at the church social hall tomorrow evening.

The pastor, Rev. W. L. Bone, will conduct the regular serves on Sunday. At eleven o'clock the mnister will preach upon the subject "True Greatness" and in the evening service, at 7:30, the subject will be "World Religious News." Sunday School will convene at 9:45 a. m. and the Senior Christian Endeavor at 6:30 p. m.

The Women's Auxiliary is holding a "Valentine Tea" on Tuesday afternoon, February 13, at 2:30. There will be a program and refreshments, a silver offering to be taken.

All friends are cordially invited.

Mrs. E. J. Furlong of Sloat, Calif., and her daughter, Margaret, are visiting the former's sister, Mrs. Adrian F. Ward, in this city for a few days.

TAX REFUND ALLOWED IN MOORE ESTATE

A refund of $3,586.34 on the inheritance tax paid by Mrs. Florence Moore, Valparaiso ovenue, in this city, and the estate bequeathed by her late husband, Robert S. Moore, wealthy business man of San Francisco, was ordered last week in Redwood City by Superior Judge Maxwell McNutt, when the report of the tax appraiser was approved.

The proper tax on the estate, the judge ruled, was $73,810.99. The amount previously paid was $77,-397.33. The taxable value of the estate was placed at $1,596,736.65.

The Moore will made a bequest of $10,000 to Mrs. J. C. Winterburn (formerly Mrs. Alice Holmes Fuhara) of Palo Alto, Mrs. Moore's secretary. The tax on Mrs. Winterbun's bequest was set at $475.

Mrs. Moore's share of the estate is $1,575,736.

Mr. Moore died on February 16, 1930.

Rev. W. L. Bone attended the Interdenominational Pastoral Conference of the Pacific School of Religion in Berkeley last Tuesday.

RENTAL FLASHES: One acre, beautiful garden, 5 room Spanish bungalow, furnished or unfurnished, Atherton. $40 per month. Menlo Park Realty Co., 1055 Doyle street; phone Menlo Park 21832.

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Nerves Do they torture you by day? Keep you awake at night?

What is it that keeps hospitals open and doctors busy? NERVES.
What is it that makes your face wrinkled and makes you feel old? NERVES
Nine times out of ten it's NERVES that make you restless, worried, haggard.

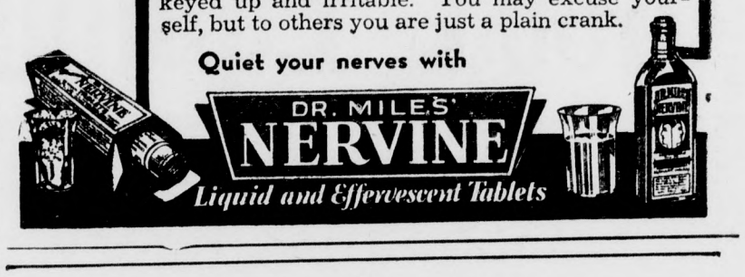
Nerves Do they make you Cranky, Blue--give you Nervous Indigestion, Nervous Headache?

When nerves are over-taxed, you worry over trifles, find it hard to concentrate, can't sit still.
Nerve Strain brings on Headache.
Nervous people often suffer from Indigestion. There may be absolutely nothing wrong with the organs of digestion, but the Nerves are not on the job to make the organs do their work properly.

Nerves Do they interefere with your work; ruin your pleasure; drive away your friends?

You're cheating yourself and the man who pays you if you work when your NERVES are not normal.
You can't have a good time when you are nervous. You can't make or keep friends when you are keyed up and irritable. You may excuse yourself, but to others you are just a plain crank.

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Holidays Coming!

Monday, Feb. 12 *and* Thursday, Feb. 22



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Now the lighting in your home can be tested scientifically by the Sight Meter. By means of this delicate instrument the proper light can be prescribed for your eyes and the work they have to do in your home.

Ask to have a representative of this company call. He will bring with him the scientific new Sight Meter. To give your home Tested Light for Better Sight, he will do this:

He will place the Sight Meter on the newspaper or magazine page you are reading. Then he may say this: "You have too much direct light on the white paper. It produces glare. The light is too bright." Again he may test the light by a desk where children study. Here is shadow. Here is not enough light. Eye strain is being caused here.

Every place in every room where Tested Light can bring Better Sight will be tested in the same careful manner. To have scientifically better lighting in your home, fill out the coupon below and mail it today.

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